

**UTAH STATE PARKS AND RECREATION  
BOATING SECTION  
LIST OF ACCEPTED FIRST AID COURSES  
FOR  
CAPTAIN'S/GUIDES LICENSE AND BOAT CREW PERMITS  
UPDATED 3/12/2014**

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**First Aid courses accepted as equivalent to or exceeding the content of American Red Cross "Emergency Response" or with curriculum taught in accordance with the USDOT First Responder Guidelines or the Wilderness Medical Society Guidelines for Wilderness First Responder. These courses are accepted for all Captain's/Guides licenses:**

- **State Issued Licenses/Certificates:**
  - Medical Doctor – MD
  - Physician Assistant - PA
  - Registered Nurse – RN
  - Licensed Practical Nurse – LPN
  - Paramedic – EMT Paramedic
  - Emergency Medical Technician – EMT Basic
- **Advanced Backcountry First Aid:**
  - Wilderness Alert, Vancouver, BC, Canada (2004)
- **Advanced First Aid or Academic First Aid - Emergency Care and Safety Institute and American Academy of Orthopedic Surgeons, Sudbury, MA (Certificate must indicate a minimum of 36 instructional hours, not including BLS) (2005)**
- **Advanced Wilderness First Aid –**
  - Desert Mountain Medicine, Leadville, CO (2009)
  - Sierra Rescue, Taylorsville, CA (2006)
  - Slipstream Wilderness First Aid, Victoria BC, Canada (2007)
  - Wilderness Medical Associates, Bryant Pond, ME (2008)
  - Wilderness Medicine Training Center, Winthrop, WA (2008)
- **Emergency Medical Responder Course**
  - Emergency Care & Safety Institute, Salt Lake City UT (2012)
- **Emergency Response**
  - American Red Cross, Washington, DC (2007)
  - Emergency First Response (EFR), Rancho Santa Margarita CA (2010)
- **First Responder -**
  - America Safety & Health Institute, Medic First Aid International, Eugene OR (2011)
  - BLS for Life, Doug Dunford NREMT-B, Evanston WY (2008)
  - Emergency Care and Safety Institute and American Academy of Orthopedic Surgeons, Sudbury, MA (BLS and First Aid are valid for two years and are included on one certificate) (2005)
  - Emergency First Responder, Bridgerland Applied Technology College, Logan UT (2009)
  - Honolulu Community College, Honolulu HI (2008)
  - National Safety Council, Itasca, IL (2008)
  - National Standard Curriculum, US DOT, Durango CO (2012)
  - Remote Medical International, Seattle WA (2009)
  - Training Division, Crowley TX (2008)
- **Outdoor Emergency Care - National Ski Patrol, Lakewood, CO (2008)**
- **Responding to Emergencies**
  - American Red Cross, Salt Lake City, UT (2012)
- **Wilderness Upgrade for the Medical Professional - Eastern Washington University, WA (2008)**  
(Must be Emergency Response trained, have previously taken a 40 hour ARC First Responder Course)
- **Wilderness EMT - Wilderness Medicine Training Center, Winthrop, WA (2008)**
- **Wilderness First Responder -**
  - Desert Mountain Medicine, Leadville, CO (2009)
  - Northern Arizona University Rescue Medicine, Flagstaff, AZ (2008)
  - Remote Rescue, Flagstaff, AZ (2005)

Sierra Rescue, Taylorsville, CA (2006)  
Utah Academy of Emergency Medicine, Salt Lake City, UT (2007)  
Wasatch Emergency Medical Training, Orem, UT (2009)  
Wilderness Emergency Medicine (Solo) Conudy, NH (2009)  
Wilderness Medical Associates, Bryant Pond, ME (2009)  
Wilderness Medical Training Center, Winthrop, WA (2008)  
Wilderness Medicine of Utah, SLC UT (2009)

- Wilderness First Aid –  
Emergency Care and Safety Institute and American Academy of Orthopedic Surgeons, Sudbury, MA  
(Certificate must indicate a minimum of 36 instructional hours, not including BLS) (2005)

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**First Aid courses accepted as equivalent to the content of American Red Cross “Standard” First Aid.  
These are accepted only for Boat Crew Permits:**

- Advanced First Aid or Academic First Aid - Emergency Care and Safety Institute and American Academy of Orthopedic Surgeons, Sudbury, MA (When certificate indicates less than 36 instructional hours, not including BLS) (2005)
- American Health Care Academy –Online First Aid and CPR/1-888-277-7865-cpraedcourse.com (2013)

**Basic/Standard First Aid -**

- American Safety & Health Institute, Eugene OR (2011)
- Emergency Care & Safety Institute & American Academy of Orthopedic Surgeons, Sudbury, MA (2005)
- National Safety Council, Itasca, IL (2013)
- SOS Technologies, Englewood, CO (2005)
- Explorer First Aid – Wilderness Alert, Vancouver, BC, Canada (2004)
- Heartsaver First Aid – American Heart Association, Dallas, TX (May include CPR/BLS on one card) (2005)
- Medic First Aid Basic – Medic First Aid International, Inc., Eugene, OR (2011)
- Medic First Aid Basic Plus – Medic First Aid International, Inc., Eugene, OR (2011)
- Responding to Emergencies - American Red Cross, Washington, DC (2006)
- Wilderness First Aid –  
Adventure Medic, Rocky Mtn. Adventure Medicine, Alberta Canada (2009)  
Desert Mountain Medicine, Leadville, CO (2009)  
Emergency Care and Safety Institute and American Academy of Orthopedic Surgeons, Sudbury, MA  
(when certificate indicates less than 36 instructional hours, not including BLS) (2005)  
Northern Arizona University, Flagstaff AZ (2008)  
Sierra Rescue, Taylorsville, CA (2006)  
Wasatch Emergency Medical Training, Orem UT (2009)  
Wilderness Medicine Training Center, Winthrop, WA (2008)
- What to do Until the Ambulance Arrives – Utah Emergency Medical Training Council, Salt Lake City, UT (2004)

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**CPR courses accepted from a reputable provider whose curriculum is in accordance with the most current Consensus on Science for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC):**

- ProCPR.org – Pro CPR Basic. Must be currently certified with Red Cross, AHA, American Safety Council, ASHI or Medic First Aid. 1-888-406-7487. support@protrainings.com (2013)

**Notes:**

⇒ Unless otherwise noted above, each license/permit applicant or license/permit holder must possess two certificates (cards), one for the appropriate First Aid course and one for the appropriate CPR/BLS course.

⇒ It is the responsibility of the course provider to contact Utah State Parks and Recreation to request a review of their respective First Aid and/or CPR courses. In some cases, this responsibility may fall upon the course sponsor, the outfitting company sponsoring the license/permit applicant, or the applicant.

⇒ First Aid and/or CPR courses completed online must meet the requirements listed below and receive approval by Utah State Parks and Recreation prior to making an appointment for a license or permit.

⇒ For Captain's/Guides License:

R651-206-3(3)(e)(i): The first aid certificate must be issued for an American Red Cross "Emergency Response" course or equivalent course from a reputable provider whose curriculum is in accordance with the USDOT First Responder Guidelines or the Wilderness Medical Society Guidelines for First Responder.

R651-206-3(3)(e)(ii): The CPR certificate must be issued for an American Red Cross, American Heart Association, American Safety & Health Institute, National Safety Council CPR or BLS course, or an equivalent course from a reputable provider whose curriculum is in accordance with the most current Consensus on Science for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC).

⇒ For Boat Crew Permits:

R651-206-3(5)(e)(i): The first aid certificate must be issued for an American Red Cross "Standard" or "Basic" first aid course, or an equivalent course from a reputable provider.

R651-206-3(5)(e)(ii): The CPR certificate must be issued for an American Red Cross, American Heart Association, American Safety & Health Institute, National Safety Council CPR or VLS course, or an equivalent course from a reputable provider whose curriculum is in accordance with the most current Consensus on Science for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC).

⇒ First Aid and CPR certificates must include the following information: name, or title of the course; course provider; length of certification; name of the person certified and legible name of the course instructor.

⇒ Information for First Aid and CPR courses must be submitted to Utah State Parks and Recreation for an acceptance review a minimum of once every ten (10) years.

⇒ The following information must be submitted to Utah State Parks and Recreation for review of a First Aid and CPR courses whether they be class room or online:

- Name or title of the course;
- Course provider and necessary contact information;
- List of the required text book(s);
- Course curriculum. This may include course content, course outline and/or course syllabus;
- Successful course completion requirements, i.e., skills assessments, and minimum passing score on the course exam;
- Length of course, including attendance requirements;
- Length of original certification period;
- Re-certification requirements; and,
- A sample course completion certificate (card).

For more information:

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[usprcpfh@utah.gov](mailto:usprcpfh@utah.gov)